

Joséphine Wistedt

Actress · Director · Scriptwriter



Photo: Jacob Danielsson

Age	45
Playing age	38-48
Based in	Stockholm, Sweden
Height	174 cm
Eyes	Brown
Hair	Dark brown
Languages	Swedish (native), English (fluent), French (fluent)

Represented by Swedish Actors. Casting enquiries go directly to Joséphine:
jvanderfalk@gmail.com · +46 709-60 53 70.

Credits

FILM

Nattlekar – Zara	2023
Dir. Emil T Jonsson · Slate Film	
Vanja Is Vacuum Sealed Together with Kurt – Vanja	2022
Dir. Andreas Nordblom · Hjärta Nikki	
Brottsofferjouren – Nathalie	2020
Dir. Lotta Ekelund · Lotta ilm	
Bergtagen – Claudia	2020
Dir. Joséphine Wistedt, Fredrik Lundqvist · Svärmen	
Remote – Solitaire	2020
Dir. Joséphine Wistedt, Fredrik Lundqvist · Svärmen	
Business Spin – Kelly	2010
Dir. Herman Nygren · Team Tony	

TV

Doktor bebis med vänner – Xanders mamma	2025
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SHORT FILM

Hypnagogia – Iris	2013
Dir. Knut Larsson · Videomaskinen	
Familjen – Linda	2013
Dir. Mirza Skronja	
Two Hands	2009
Dir. Sama Ky Balson · Ipan Film	

THEATRE

Barrikad – En av tre huvudroller	2023, 2026
Dir. Emil Nilsson Mäki · Skuggteatern	
Yrkkearoll3	2026

Förstör den här pjäsen – Sigrid Dir. Emil Nilsson Mäki	2026
Margots To-Die-List – Yrkkearoll3	2026
Kilen	2026
Vitanova AB – Idunn Malander Svärmen · Stadsgårdsterminalen · Kollektivet livet	2025
Nattdjur Aliasteatern	2025
Jaktlycka – Vivvi Kalmar länsteater	2024
Fågelkvinnan – Fågelkvinnan Svärmen · Ö2 Scenkonst	2023
Världen har varit ledsen sen i tisdags – Nena Dir. Shari Sabel Strandmark · Aliasteatern	2022
Amadeus – Caterina Cavallieri (Understudy) Dir. Ronny Danielsson · Västmanlands teater	2021
Den inbillade sjuke – Béline Molièreensemblen	2021
Mamsell, malströmmarna och jag – Mamsell & Jag Dir. Joséphine Wistedt · Svärmen · Ö2 Scenkonst	2021
Frön i vinden – Xeo Dir. Joséphine Wistedt · Svärmen · Västmanlands teater	2021
Doris drar – Doris Dir. Elisabet Ljungar · NorrlandsOperan	2021
För Sverige i rymden – Arkitekten (Lead) Dir. Svärmen · Svärmen	2019
Mystikens systrar – Narrator Dir. Elisabet Ljungar · Operabyrån · Stockholms Konserthus	2019
Det rasar – Lead Dir. Katja Seitajoki · Orienteatern · Dramalabbet	2018
Troja har fallit! – Klytaimestra Dir. Fredrik Lundqvist · 4:e Teatern	2016
Satans demokrati – Säkerhetspolisen Célèste Dir. Py Huss-Wallin, Jimmy Meurling	2016
Tre under tallen – Pim Dir. Åsa Ekberg · Riksteatern	2015
Lilla odyséen – Telémachos Dir. Ulf Evrén · Teater Barbara	2014
Vad är det för fel på Orestien? – Klytaimestra Dir. Fredrik Lundqvist · Unga Tur	2014
Flickan och döden – Prinsen Dir. Rebecka Cardoso · Stockholms Dramatiska Högskola	2013
The Aesthetics of Burning a Car – Pappa Ordförande Dir. Olof Runsten · Teater Verbal	2013
Slutstadier – Mia Dir. Carl Johan Karlsson · Stockholms Stadsteater	2013
Mästaren och Margarita – Margarita Dir. Fredrik Lundqvist · Unga Tur	2013
The Royal Dramatic Rumble Wrestling Fight Night Forever – Anne Charlotte Leffler Dir. Nils Poletti · Dramaten	2012

Gökmamman – Charlotta Dir. Fredrik Lundqvist, Joséphine Wistedt · Stockholms Dramatiska Högskola · Unga Klara · Orienteatern	2012
Let's Get This Party Started Now – B Dir. Olof Runsten · Teater Verbal · Estrad Norr	2012
Ett drömspel – The Officer Dir. Olof Runsten · Teater Verbal · Storsjöteatern	2011
Den kaukasiska kritcirkeln – Borgmästarinnan Dir. Joachim Siegårgd · Stockholms Dramatiska Högskola · Dramaten	2011
VOICE	
Förhörsummet/Mordet på Therese Johansson – The interrogator Novel Studios	2022
ModdyPodden Svärmen · Ö2 Scenkonst	2021
Audiobook reader Gramma	2021

Skills

Ballet (intermediate), Martial Arts (intermediate), Singing (intermediate)

Education

Stockholm University of the Arts - MSc Writing & Singing (2013-2014)
 Stockholm University of the Arts - BSc Mime actor programme (2010-2013)
 École Internationale de Théâtre Jacques Lecoq, Paris (2006-2007)
 Chubbuck technique - Elisabet Sevholt, Teateralliansen (2021)
 Meissner technique - Kate Maravan, Actor's Centre London (2009)
 The Ballet Academy in Stockholm - Modern dance and physical theatre with Charlotta Öfverholm (2008)

Awards

Konstnärsnämndens ettåriga arbetsstipendium 2022/2023
 Olof Winnerstrand och Fredrik Gustavssons Stipendiefond
 Stipendier till skådespelarstudenter på Sveriges Teaterhögskolor 2012
 Helge Axel Johnssons Stipendium för praktikanter på Dramaten

About

Joséphine Wistedt is an actor, director, and playwright, trained at the Stockholm Academy of Dramatic Arts and at th École De Théâtre Jacques Lecoq in Paris. With broad experience from theatres including Norrlandsoperan, Riksteatern, Turteatern, Orienteatern, and Kalmar Länsteater, she has established herself as a versatile artist within Swedish performing arts — and occasionally in front of the camera. She has also worked internationally, for example as choreographer for the Finnish production The Chicken Trial with a Scottish ensemble at the Edinburgh Fringe Festival, and as director of the critically acclaimed Paradisdoktrinen at Viirus / Teater Mestola in Helsinki.

As an actor, she has taken on lead or title roles at theaters all over Sweden. Alongside her acting, she has written, directed, and choreographed her own work — including Metropol, VitaNova AB, and Mamsell, malströmmarna och jag — described by Dagens Nyheter as performed with "intense presence and total physical control."

In recent years Joséphine has been exploring the relationship between text and movement, and has through several projects developed her own narrative form within the field of immersive theatre. Her artistry moves freely between the playful and the existential, with a pronounced interest in the intersection of absurdity, darkness, and humour.

Showreels and profiles

Full profile: swedishactors.se/actors/josephine-wistedt

Showreel: <https://vimeo.com/930528054?share=copy>

IMDb: <https://www.imdb.com/name/nm9620590/>