

Ella Sophie Sandberg

Actress · Scriptwriter



Photo: Misha Fedorchenko

Age	26
Playing age	20-30
Based in	Stockholm, Sweden
Height	167 cm
Eyes	Hazel
Hair	Brunette with blond highlights
Languages	Swedish (native), English (fluent), Spanish (fluent)
Accents & dialects	Stockholm Dialect

Represented by Swedish Actors. Casting enquiries go directly to Ella:
ellasandberg@yahoo.se · +46-73 920 40 53.

Credits

TV

Tystnaden – Sara	2025
Dir. Therese Lundberg · Art&Bob · Filmpool Nord · SVT	
Mitt nya land – Elin	2024
UR Play	
Gaslight – Sara	2023
Dir. Therese Lundberg · SVT	
Udda veckor – Athena	2022
Seasons 1–2 · Dir. Emma Bucht · Feelgood Film · FLX · Discovery+	
Måste gitt – Sethare	2020
Dir. Ivica Zubak, Abbe Hassan · Norr Indian Summer Film · SVT	

FILM

Nollbudget filmen – Sara	2022
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SHORT FILM

Kan vi blomma ändå? – Cassandra (lead), screenwriter & producer	2026
På dina villkor – Agnes	2023
Kulturama	
Gola inte – Mariam	2016
DNZ Pictures	

THEATRE

10 blossom innan 10 – Daniella (lead), playwright & producer	2022
Kulturhuset Stadsteatern	

OTHER

Maria Wern – Production coordinator	2023
Season 9 · TV4	
Glaciär – Script supervisor	2020
Dir. Baker Karim · Bad Flamingo Studios · Viaplay	

Skills

Singing, Horseback Riding

Education

Kulturama, Stockholm (2016–2019) — Upper secondary theatre programme

Södertörn University (2026–ongoing) — Playwriting programme (Dramatikprogrammet med kreativt och scenkonstnärligt skrivande)

Awards

Gaslight (SVT, 2023) — series nominated for Kristallen 2024, Best Young Drama Series (Årets unga dramaserie)

About

Ella Sophie Sandberg is a Stockholm-based actor, writer and producer. She trained in the theatre programme at Kulturama and has since built a steady body of screen work for SVT, URplay and Discovery+, including Gaslight, nominated for Kristallen 2024 as Best Young Drama Series.

She also creates her own work. She wrote, produced and starred in the stage play 10 bloss innan 10 at Kulturhuset Stadsteatern, and wrote and produced the short film Kan vi blomma ändå?, in which she plays the lead. In 2026 she began the playwriting programme at Södertörn University. She has worked behind the camera as a production coordinator and script supervisor, so she knows the production process from both sides. Ella works in Swedish, English and Spanish, including Mexican Spanish.

Showreels and profiles

Full profile: swedishactors.se/actors/ella-sophie-sandberg

Showreel 2026: <https://vimeo.com/1238523997>