

Cecilia Frode

Actress · Scriptwriter · Director



Photo: Niklas Palmklint

Age	56
Playing age	40-60
Based in	Stockholm, Sweden
Height	170 cm
Eyes	Green
Hair	Blonde
Languages	Swedish (native), English (fluent), German (beginner)
Accents & dialects	Östgöta Dialect, Scanian Dialect, Dalarna Dialect, Finland Swedish

Represented by Swedish Actors. Casting enquiries go to Cecilia's management: clara.pawlo@femsthlm.se · +46 70-328 38 11.

Credits

FILM

Bovieran – Ordföranden	2024
Dir. Joel Wiklund Ekman · Ögonmusslan	
Tillsammans 99 – Signe	2023
Dir. Lukas Moodysson · Memfis Film · SF Studios · Film i Väst	
Department of Detachment – Föreståndarinnan	2020
Dir. Elina Sahlin · Makeriet	
Tomorrow the Birds Will Sing – The Assistant	2018
Dir. Arvin Kananian · Makeriet	
Tårtgeneralen – Ulrica Lütche	2017
Dir. Fredrik Wikingsson, Filip Hammar · Nexiko	
När sugfiskar krokar – Kvinnan	2013
Dir. Molly Hartlieb · Aspekt Produktion AB	
Stockholm Stories – Jessica	2012
Dir. Karin Fahlén · Chamdin & Stöhr Film AB	

TV

Mäklarna – Vilma	2021, 2025
Dir. Patrik Eklund · Art&Bob	
Barracuda Queens – Siv	2025
Dir. Matilda Adolfsson · Asp Varhos · Netflix	
Spelets hemlighet – Lucifera	2025
Dir. Desirée Dutina · Northern Fable · SVT	
Armlängd avstånd – Kulturarbetare	2025
Dir. Jimmy Olsson · Most Alice Film · SVT	
Morden i Sandhamn – Lisa Berger	2019
Dir. Niklas Olsson · Filmlance	
Springfloden 2 – Gabriella Forsman	2019
Dir. Niklas Olsson, Pontus Klänge · Filmlance · SVT	

Familjen Rysberg – Igorina Dir. Fredde Granberg, Thomas Claesson · Nordisk Film · SVT	2018
Swedish Eurovision Song Contest – Intermediate act number singing 'Man in the drawer' Dir. Sunil Munshi · SVT	2018
Blå ögon – Rebecka Dir. Fredrik Edfeldt, Emiliano Goessens, Henrik Georgsson · Strix Drama · SVT	2014
Coacherna – Natali Dir. Andrea Östlund · BOB Film · SVT	2011
Godmorgon alla barn – Ann-Christin Dir. Jens Jonsson · BOB Film · SVT	2005
THEATRE	
En stjärt på himlen, gud hund eller boll – Scriptwriter / Director Dir. Cecilia Frode · Cecilia Frode Produktion	2022
Gränsfall – Jannie Dir. Hugo Hansén · Playhouse Teater	2020
Apologia – Claire Dir. Maria Lövgren · Playhouse Teater	2018
Fotografi 51 – Rosalind Dir. Elisabet Klason · Playhouse Teater	2017
Från det blå skåpet – Scriptwriter & Storyteller Dir. Cecilia Frode · Musik i Syd	2017
Livläkarens besök – Fru von Plessen Dir. Johanna Garpe · Stockholms Stadsteater	2015
Karl Gerhard, en fantasi om en revykung – Zarah Leander Dir. Johanna Garpe · Stockholms Stadsteater	2015
Alla dagar alla nätter – Nita Dir. Margareta Garpe · Stockholms Stadsteater	2015
Scener ur ett äktenskap – Marianne Dir. Thomas Segerström · Scensommar produktion	2013
Kvarteret Skatan – Solflickan, Lillemor, Surkärningen m.fl. Vicky Nöjesproduktion	2007
CONCERT	
Norrlandsoperans Julkonsert – Narrator NorrlandsOperan	2017
Önskekonsert med Nordiska Kammarorkestern – Host Nordiska kammarorkestern	2014
Promenadkonsert med Nordiska Kammarorkestern i Sundsvall – Lyrics and song Nordiska kammarorkestern	2013
Konsert för Internationella Kvinnodagen – Lyrics and song Anna-Lena Laurin	2013
Carte Blanche i Uppsala UKK – Lyrics and song Musik i Uppsala	2011
Esa-Pekka Salonen 50 år – Host SR Berwaldhallen	2008
OD:s Caprice – Monologues and song numbers Orphei Drängar & Eric Ericson	2004
Tältprojektet – Sketches and monologues Vicky Nöjesproduktion · EMA Telstar	2004

Skills

Ballet (intermediate), Contemporary, Jazz, Ballroom, Voice Over, Dubbing, Audiobook Narration, Singing Soprano, Tennis, Horseback Riding (intermediate), Western Riding (intermediate), Manual Transmission, Guitar (beginner)

Education

Malmö Theatre Academy 1991-1994

Skara Stage School 1989-1990

Awards

2024 Bovieran Award winner, Stockholm International Film Festival.

2022 Awarded the Swedish Arts Grants Committee's long-term grant for theatre.

2020 Awarded the City of Stockholm's cultural grant.

2019 Awarded the Swedish Arts Grants Committee's working grant for theatre.

2015 Received the Angela Award at the SUBTITLE European Film Festival in Kilkenny, Ireland, for outstanding acting in her role as Jessica in "Stockholm Stories".

2013 Awarded the Tage Danielsson Society's scholarship for a multifaceted artistry in drama, film, and her own stage productions.

2007 Nominated for the Guldmasken theatre award for Best Actress in private theatre, "Kvarteret Skatan".

2007 Nominated for the Golden Nymph at the Monte Carlo TV Festival for Outstanding Actress in "Mäklarna".

2003 Awarded the Guldbagge for Best Supporting Actress in "Klassfesten".

2002 Nominated for a Guldbagge for Best Supporting Actress in "Syndare i sommarsol".

About

Cecilia Frode is a Swedish actress and playwright. She is known for her nuanced and versatile performances across television, film, and theatre, often combining humour and depth in her work. Educated at Teaterhögskolan i Malmö, she has built a remarkable career portraying both dramatic and comedic roles.

Frode has appeared in acclaimed productions such as 'Mäklarna', 'Blå ögon', and Lukas Moodysson's 'Tillsammans-99'. Alongside her acting career, she has also written and directed her own stage works, including 'Ängelen' and 'En stjärt på himlen, gud hund eller boll' 2022 - ongoing. Her artistry has been recognised with numerous awards including a Guldbagge, Angela Award, and long-term theatre stipends from Konstnärsnämnden.

Showreels and profiles

Full profile: swedishactors.se/actors/cecilia-frode

Showreel: <https://vimeo.com/920089693?share=copy>

IMDb: <https://www.imdb.com/name/nm0296161/>